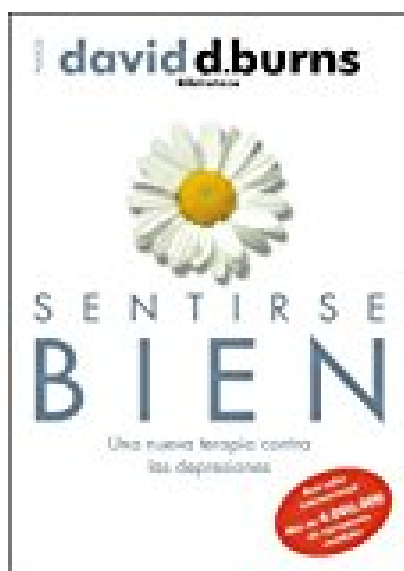


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BOOK DETAILS

- Author : David D. Burns
- Pages : 424 Pages
- Publisher : Paidos
- Language : Spanish
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BOOK SYNOPSIS

Discusses how to overcome fears, phobias, and panic attacks; improve intimate communication, and cope with anxiety disorders, and includes information about commonly prescribed psychiatric drugs

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